

News about Ceca and our community of honored caregivers

Summer 2016

# Spotlight on: Jessica Herpst, Activities Assistant, Knollwood

### Q: What did it feel like to be nominated by one of your peers?

**A:** To be nominated and acknowledged in front of my peers was entirely rewarding, and in a word, surreal. Being somewhat new to my facility (just celebrated my 1-year anniversary in May) there are no words for being recognized by others in your field, and family members of residents.

"To be nominated and acknowledged in front of my peers was entirely rewarding, and in a word, surreal"- Jessica Herpst

## Q: What's one piece of advice you would give to your fellow caregivers?

**A:** With regards to advise, all I can do is ask caregivers to learn about their residents. Hold onto a resident's smallest joyful memory that they may mention to you with a smile, and keep it close. If it is something important to them, something that brings them joy to think about, bringing it up or integrating it into your activities/talks will make them feel, more than anything, special.





# Ceca by the numbers:

2,698– Caregivers recognized at Ceca Healthcare partners

11,233 – Nominations sent since the Ceca Foundation was founded

30 – Percent of staff recognized each year at Ceca partner organizations

#### WHAT'S NEW AT CECA?

We just launched our new and improved Ceca Awards website with additional features to enhance user experience. Check it out at <a href="https://www.cecaaward.org">www.cecaaward.org</a> and let us know what you think!

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